

INTERNATIONAL JOURNAL of MEDICAL STUDENTS

Year 2021 | Months Oct-Dec | Volume 9 | Issue 4

EDITORIAL

- Is It Worth Publishing in a Medical Students' Journal? Insights From a 10-Year Journey
- COP26 and Health: Some Progress, But Too Slow and Not Enough

ORIGINAL ARTICLE

- Knowledge, Attitude, and Practices Towards
 Preventive Strategies
 Against COVID-19 Pandemic Among Nigerian Young
 Adults: A Cross-Sectional Survey
- Impact of COVID-19
 Lockdown on Depression
 Severity and the Use of
 Drugs Among University of
 Ibadan Students
- Prevalence of Psychological Distress Among Quarantined People in the Trivandrum District During the COVID-19 Pandemic: A Cross-sectional Study
- The Pandemic Leadership Model: A Study of Medical Student Values During COVID-19
- Social Determinants of Health Amplify the Association Between Ethnicity and COVID19: A Retrospective-Cohort study

- Pandemic-Related Experiences and Psychosocial Risk Associations Among U.S. Medical Students
- Pocket Size Ultra-Sound versus Cardiac Auscultation in Diagnosing Cardiac Valve Pathologies: A Prospective Cohort

SHORT COMMUNICATION

 Med Moth: A Storytelling Platform for Improving Wellness in Medical Education

CASE REPORT

 Rectovaginal Fistula Due to an Erosive Pessary: A Case Report

EXPERIENCE

- Raising Gender Equity Voices:
 Reflections from an International
 Virtual Assembly in Global Surgery
- Gender Bias and Stereotypes in Medicine: A Medical Student Experience
- A Medical Student's Volunteering Experience During the Second Nagorno-Karabakh War
- Health Education among Medical Students: A Challenge Worth Accepting



International Journal of Medical Students
The International Journal of Medical Students (IJMS) is a peer-reviewed openaccess journal (ISSN 2076-6327) created to share the scientific production and
experiences of medical students and recently graduated physicians worldwide.

INTERNATIONAL JOURNAL OF MEDICAL STUDENTS YEAR 2021 - VOLUME 9 - ISSUE 4

EDITORIAL STAFF **EDITOR IN CHIEF**

Francisco Javier Bonilla-Escobar, MD, MSc, PhD(c)

University of Pittsburgh, USA. University of Valle, Colombia

SCIENTIFIC EDITOR

Mihnea-Alexandru Găman, MD, PhD student

"Carol Davila" University of Medicine and Pharmacy, Bucharest, Romania

DEPUTY EDITOR

Ciara Egan, BSc

ASSOCIATE EDITORS

Nathaniel Edward Hayward, MB BCh BAO, MSc. Najdat Bazarbashi, MD University of Utah, Salt Lake City, Utah, USA

University of Maryland School of Medicine, Baltimore, MD, USA

Paul Marcel Morgan, BSc, MD, PhD(c) Sohaib Haseeb, BSc

Humanitas University, Milan, Italy

STUDENT EDITORS

Abdul Basith KM stgraduate Medical Education and Research, , India

New York Medical College, NY, USA

Adam L. Urback

Ben-Gurion University, Be'er Sheva, Israel

Adnan Mujanovic

University of Tuzla Medical Faculty, Bosnia and Herzegovina

Andrew Thomas Sree Gokulam Medical College and Research Foundation, India

Bahadar Singh Srichawla

Touro College of Osteopathic Medicine, NY, USA

Benjamin Liu Medical College of Wisconsin, Milwaukee, WIS, USA

Brandon Belbeck

University of Western Ontario, Canada

Diego Carrion Alvarez rsidad de Monterrey, Mexico

Duha Shellah

An-Najah National University, Palestine

Eugenia M. Ramos-Dávila, MD

Johnmark Boachie . University of Cape Coast, Ghana

Joseph Tonge Academic Unit of Medical Education, The University of Sheffield, UK

Leah Komer

University College Cork, Cork, Ireland

Lourdes Adriana Medina Gaona Instituto Tecnológico y de Estudios Superiores de Monterrey, Mexico L V Simhachalam Kutikuppala

University of Belize, Karl Hushner Memorial Hospital, Belize

Madeleine J. Cox

University of New South Wales, Sydney, Australia

Manas Pustake

Grant Government Medical College, Mumbai, India

Instituto Tecnológico y de Estudios Superiores de Monterrey, Mexico Michael Tavolieri

University College Cork, School of Medicine, Ireland

Mohammad Amin Khazeei Tabari Mazandaran University of Medical Sciences, Iran

Mohamed Fahmy Doheim Alexandria University, Alexandria, Egypt

Muhammad Romail Manan University of Health Sciences, Lahore, Pakistan

Nguyen Tran Minh Duc

James Cook University, Queensland, Australia

University of Medicine and Pharmacy, HCM, Vietnam

Nikoleta Tellios

University College Cork, Cork, Ireland

Purva Shah

Medical College, Baroda, India

Rahul Regi Abraham LSUHSC Shreveport, LA, USA

School of Medicine, Chung Shan Medical University, Taiwan

Vinson Wai-Shun Chan

Yusuff Adebayo Adebisi University of Ibadan, Ibadan, Nigeria

EDITORIAL BOARD Abdel Kareem Azab, PhD.

Abdelrahman I. Abushouk, MD. Harvard Medical School, Boston, MA, USA.

Abhishekh Hulegar Ashok, MD.

Adrian Baranchuk, MD, FACC, FRCPC.

Queen's University, Kingston, ON, Canada

Amelia Maria Găman, MD, PhD. University of Medicine and Pharmacy of Craiova, Craiova, Romania

Americo Peña, MD. IRCCS San Raffaele Hospital, Milan, Italy Atanas G. Atanasov, PhD.

Polish Academy of Sciences. University of Vienna, Austria.

Bogdan Socea, MD, PhD. "Carol Davila" University of Medicine and Pharmacy, Romania.

Cain C. T. Clark, BSc, MSc, PhD. University Hospitals Coventry & Warwickshire, UK

Eshetu Girma, MPH, PhD. Addis Ababa University, Ethiopia

Herney Andrés García-Perdomo, MD, MSc, EdD, PhD, FACS. Matouš Hrdinka, MSc, PhD. University of Valle, Cali, Colombia

Jorge Enrique Gomez-Marin, MD, MSc, PhD. Mohamed M. Gad, MD. University of Quindío, Armenia, Colombia

Juan Carlos Puyana, MD, FRCSC, FACS, FACCP. Paul MacDaragh Ryan, MD, BCh, PhD. University of Pittsburgh, Ph, USA Hospital for Sick Children, Toronto, Canada.

Juliana Bonilla-Velez, MD.

University of Washington, Seattle, WA, USA Mario Rueda, MD.

Johns Hopkins University School of Medicine, Baltimore, USA.

Mark Zafereo, MD, FACS. MD Anderson Cancer Center, TX, USA

University Hospital Ostrava, Ostrava, Czech Republic.

Department of Internal Medicine, Cleveland Clinic, OH, USA

Rahul Kashyap, MD. Mayo Clinic, Rochester, MN, USA

Spyridoula Maraka, MD.

University of Arkansas for Medical Sciences, Little Rock, USA.

Srinivas Vinod Saladi, MD.

Massachusetts Eye and Ear Infirmary, Harvard Medical School, MA, USA

William C. Cho, PhD.

Queen Elizabeth Hospital, Kowloon, Hong Kong, China.

ANCILLARY POSITIONS

LAYOUT EDITORS

Anna-Maria Dimitrova Chantaliyska Medical University of Pleven, Bulgaria

Fatma Monib Assiut University, Egypt Judie Y. Joo

The University of Western Australia, Australia

Ziauddin Medical University, Pakistan

Sushil Dahal

Kathmandu University Hospital, Nepal

PRODUCTION MANAGER

Annora A. Kumar

The University of Western Australia, Australia

EDITORIAL ASSISTANT MANAGERS

Berkehan Erkilic

Ana Maria Morales University of Valle, Colombia

Natalia Galindo Universidad Santiago de Cali, Colombia

SUPPORT COMMITTEE OF PUBLIC RELATIONS AND COMMUNICATIONS (REGIONAL AMBASSADOR [RA])

DIRECTOR

Georgiana Farrugia Bonnici University of Malta, Malta

AMBASSADORS AFRICA RA: Hadeer Elsaeed Mansoura University, Egypt Dawin Sichimba

uawin Sichimba Copperbeit University, Zambia Chrispine Chipili Gul School of Medicine, Zambia Matthew Tumusingize Kabale University, Uganda John Bosco Ssemuyaba Kampala International University, Uganda Goodluck Nchasi

Catholic University of Health and Allied Sciences, Tanzania Ashraf Mahmood Klimanjaro Christian Medical university Colege, Tanzania Irene Charles Mzokolo Muhimbii University of Health and Allied Sciences, Tanzania David Msemyele Misera College of Limited

Mbeya College of Health and Allied Sciences, Tanzania Ala addin Salih University of Khartoum, Sudan Kapil Narain

Nelson Mandela School of Medicine, South Africa Marcel Blignaut University of Range Manager Ma

University of Batna, Algeria Lorraine Sepobelo Lorraine Sepodelo
University of Botswana, Botswana
Arnaud Iradukunda
University of Burundi, Burundi
Azarias Nkengurutse
University of Burundi, Burundi
Zolo Yvan
University of Surundi, Burundi

University of Buea, Cameroon Wah Praise University of Beua, Cameroon Aymar Chirimwami

University of Bukavu School of Medicine, Congo Hadeer Elsaeed Mansoura University, Egypt Akua Adwubi Akua Adwubi
University for Development Studies, Chana
Marian Millicent
Sumy State University, Chana
Lilian Kitonga
University of Nairobi, Kenya Dominic Gibuswa Kenyatta University, Kenya Odiero Lucienne University of Nairobi, Kenya Tony Kiprono Jomo Kenyatta University of Agriculture and Jomo Kenyaua oma Technology, Kenya Victor Makumi Egerton University, Kenya Moyosola A. Bamidele

JSI Research & Training Inc, Nigeria Dada Olalouwa Ezekiel University of Ibadan, Nigeria Timothy Demesugh Alex Ekwueme Federal University, Nigeria Ekene Nnagha University of Calabar, Nigeria
Okedi Williams
Alex Ekwueme Federal University, Nigeria
Maryam Aliyu Ibrahim
Ahmadu Baliu University

Ahmadu Bellu University, Nigeria Hadassah Omananyi Obafemi Awolowo University Hadassah Omananyi Obafemi Awolowo University, Nigeria Osemudianen Joshua Okpujie University of Benin, Nigeria Paul Shantong University of Jos, Nigeria Quawiyat Adetutu Ayodeji

College of Health sciences Unilorin, Nigeria Malik Olatunde Malik Olatunde Ahmadu Bellu University, Nigeria Emmanuel Ibeh Chijioke Nnamdi Azikwe University, Niger Eyichukwu Chibuitem University of Nigeria, Nigeria Ayodeji Ogunleye Obafemi Awolowo University, Nigeria

Abia State University, Nigeria Bello Saifullah Bayero University, Nigeria Murtala Basheer

Obafemi Awolowo University, Eze Kennedy University of Nigeria, Nigeria Madu Gloria Ahmadu Bellu University, Nigeria Fatihu Yahaya University of Ilorin, Nigeria Samson Ogunlarin University of Ilorin, Nigeria Muhamma University of Ilorin, Nigeria Muhammad Auwal Saleh Usmanu Danfodio University Soko Maryam Jamiu Maryam Jamiu Ahmadu Bellu University, Nigeria Progress Agboola Ladoke Akintola University of Technology, Nigeria

Tasiu Yakubu Federal University Dutse, Nigeria Itodo Isreal Ufedojo University of Portharcourt, Nigeria Haniya Mohammed Onize University of Ilorin, Nigeria Omolola Ameen Omolola Ameen
University of Ilorin, Nigeria
Noble Ogaga Samuel
Benue State University Makurdi, Nigeria
Ahmed Bello
University of Ilorin, Nigeria
Osemudiamen Okpujie University of Benin, Nigeria Samad Bello University of Ilorin, Nigeria Jamiu Muhammed Usmanu Danfadiyo University, Nigeria Agbana Wonderful nguana wonderful University of llorin, Nigeria Stephen Igwe University of Ilorin, Nigeria Oluwadamilola Akinade University of Ilorin, Nigeria Big Berjo University of Beua, Nigeria Biliaminu Abdulmuhin lanre University of Ilorin, Nigeria Olakeu Bello Abdussalam Ahmadu Bello University, Nigeria Innocent Chijioke

AMERICA

RA: Sherraine Cunningham University of the West Indies, Jamaica Samantha Simboo Januaritia Simboo
University of the West Indies, Trinidad & Tobago
Salman Elgharbawy
University of Louisville, USA
Alex Araya Morales
Universidad Catolica del Norte, Chile
Colleen Campbell
University of the West Indies, Jamaica

ASIA Noof Rashid

Dubai Medical College for Girls, United Arab Emirates Chatpol Samuthpongtorn Chulalongkom University, Thailand Zain Douba Zain Douba University of Aleppo, Syria Inana Alahmar Damascus University, Syria Omar Al-Sowayigh King Faisal University, Saudi Arabia

Hamid Shinwari Nangarhar Medical Faculty, Afghanistan Sazzad Shahriar Siam University of Dhaka, Bangladesh Rabeya Shikdar Mymensingh Medical College, Bangladesh Zarin Maliha Zarin Maliha
Dhaka Medical College, Bangladesh
Abu Talha Bin Fokhrul
Sylhet MkG Osmani Medical College, Bangladesh
Sreoshy Saha
Mymensingh Medical College, Bangladesh
Rubaiyat Tasfin Mymensingh Medical College, Bangladesh Mahjabin Mamun Sir Salimullah Medical College, Bangladesh Paul Asish Paul Asish
Dhaka National Medical College, Bangladesh
Zinan Bin Nur
Armed Forces Medical College, Bangladesh
Sirajum Munira Marks Medical College, Bangladesh Sad Sadia Mymensingh Medical College, Bangladesh Sadia Binte Rahim Sadia Binte Rahim Dhaka National Medical College, Bangladesh Samia Chowdury Khwaja Yunus Ali Medical College, Bangladesh Jamil Ahmed MH Samorita Medical College, Bangladesh Sakib Zaman Sakib Zaman Rajishahi Medical College, Bangladesh Abdullah Al Mamun South East University, Bangladesh Mahfuza Anan Bangladesh Medical College, Bangladesh Hornira Islam ZH Sikder Womer's Medical College, Ethospital, Bangladesh Fardeen Shihab University of Dhaka, Bangladesh Mahzabin Farzana

Mahzabin Farzana
Holy Family Red Gresent Medical College, Bangladesh
Md All Hasibuzzaman
Ningbo University, Bangladesh
Faria Tasneem
Sher-E Bangla Medical College, Bangladesh
Moomtahina Fatima
Mymensingh Medical College, Bangladesh
Mohammad Azmain iktidar
Chittoron Medical College, Bangladesh
Mohammad Azmain iktidar
Chittoron Medical College, Bangladesh

MOHAMIMIA KHUMAM HAMAM H

Gracelia Alverina Widya Mandala Catholic University Surabaya, Indonesia Ahmed Alzubidy Baghdad University - College of Medicine, Iraq Mohammed Maan Al-Salihi University of Baghdad, Iraq Priyanka Chahal

PITYANKA CHANAI Asian Medical Institute, Kyrgyzstan Zeinab Hammoud Lebanese University, Lebanon Solay Farhat Lebanese University, Lebanon Sushil Dahal

Susmit Danat kathmandu University School of Medical Sciences, Nepal Dilip Kumar Kushwaha Kathmandu University School of Medical Sciences, Nepal Saurabh Tiwali

Jacura UT (1Wali Kathmandu University School of Medical Sciences, Nepal Singh Mitlesh Kathmandu University School of Medical Sciences, Nepal Yubra Mehta

Rathmandu University School of Medical Sciences, Nepal Faizan Akram The Islamia University of Bahawalpur, Pakistan Asim Zubair

The Islamia University of Bahawalpur, Pakistan Abdul Rehman Services Institute of Medical Sciences, Pakistan Noor ul-Hada Maria Haryard Medical school, Pakistan Haider Ali TABLE TAIL
STAND Shifa College of Medicine, Pakistan
Harendra Kumar
Dow University of Health Sciences, Pakistan
Afnan Jobran

Afnan Jobran Al-quds University, Palestine Mohamed Elmarasi Qatar University, Qatar

EUROPE RA: Mashkur Isa University of Sheffield, England Mashkur Abdulhamid Isa Bukovinian State Medical University, Ukraine Ngozi Olehi, Chiagoziem Munachimso Nano-Frankisak National Medical University, Ukraine Toufik Abdul Sumy State University of Ukraine, Ukraine
Andrew Wireko
Sumv State V Andrew Wireko Sumy State University of Ukraine, Ukraine Francis Scholar Dnepropetrovsk Medical Academy, Ukraine

Dnepropetrovsk Medical Academy, Ukra Samuel Inyang Sumy State University, Ukraine Dilce Yucel Eskisehir Osmangazi University, Turkey

Baskent University, Tu Simsek Emrullah Juan Pablo Sacrano Pereira Universidad Complutense de Madrid, Spain Andjela Djurovic Andjela Djurovic
University of Nis, Serbia
Robert Costantin Anicai
Grigore T. Papa University of Medicine, Romania
Alice Colescu
Grigore T. Papa University of Medicine, Romania
Sorin Nicolae Blaga SOrin Nicolae Blaga University of Medicine & Pharmacy of Cluj Napoca, Romania Marius Zaharia University of Medicine & Pharmacy (Bucharest), Romania University of Medicine & Pharmac Strahil Vasilev University of Sofia, Bulgaria Tarun Kumar European University, Georgia Tanushri Daadhichh University of Tbilisi, Georgia Parth Anchara University of Tbilisi, Georgia Pinak Sharma European University, Georgia Francesca Manicone Sapienza University, Italy Alessandro Martinino Sapienza University, Italy Luca Calabrese Luca Calabrese
Medical University of Silesia, Italy
Lucrezia Puglisi
Tor Vergata University, Italy
Driton Bajrami
University of Prishtina, Kosovo
Andrea Cuschieri
University of Malta, Malta
Tsz Yuen Au Poznan University of Medical Sciences, Poland Chanika Assavarittirong Poznan University of Medical Sciences, Poland David Ulrich Medical University of North Ossetia, Russia GRAPHIC DESIGNER

Mahfuza Anan Bangladesh Medical College, Bangladesh SOCIAL MEDIA MANAGERS LINKEDIN: Noor ul Huda Maria INSTAGRAM: Purva C. Shah & Preeyati Chopra TWITTER: Sajjad Ali

PARTNERS

COIMAMA. International Academic Medical Congress of Maranhão, Brazil COMAPI. Academic Medical Congress of Piaui, Brazil COMAU. Congress of Medical Students of Unicamp, Brazil

COMUMC. Congresso Médico Universitário De Mogi Das Cruzes, Brazil Connect MSC. Connect Medical Students' Congress, Brazil CSurgeries. USA

IMSCB. International Medical Students' Congress of Bucharest, Romania YIIRS. Yorkshire Imaging and Interventional Radiology Symposium International SaMED. International Medical Students' Congress Sarajevo



to share the scientific production and experiences of medical students worldwide. Our objective is to be the primary diffusion platform for medical students, using standards that follow the process of scientific publication.

The Journal receives contributions and unpublished manuscripts of Original Articles, Short Communications, Reviews, and Case Reports, which are reviewed by experts (Peer-Reviewers) who have previously published similar research. In addition, the Journal accepts Interviews, Experiences, and Letters reviewed by the Editorial Team. This supports the quality and validity of the publications. The time between submission and final publication in most cases has been two to four months depending on the diligence of Peer-Reviewers and Authors.

The *International Journal of Medical Students* is published online quarterly on behalf of the Executive Committee of the International Journal of Medical Students. The journal main office is located in the United States of America (USA). Any publication, dissemination or distribution of the information included in the Journal is permitted if the source is cited (*Int J Med Students*).

The International Journal of Medical Students is indexed or abstracted in: Bielefeld Academic Search Engine (BASE), Dialnet Foundation (Dialnet), Directory of Open Access Journals (DOAJ), Directory of Research Journals Indexing, Elektronische Zeitschriftenbibliothek (EZB), e-Revistas, Geneva Foundation for Medical Education and Research, Google Scholar, Health InterNetwork (HINARI), Journal Seek Database, List of Publications that follow the International Committee of Medical Journal Editors (ICMJE), Mexican Index of LatinAmerican Biomedical Journals (IMBIOMED), NewJour, Open Academic Journals Index (OAJI), Online Computer Library Center (OCLC) WorldCat, Pubshub, Research Bible, Rubriq, SHERPA/ROMEO, Scientific Indexing Services (SIS), The e-Journal Gateway (J Gate), The Open Access Digital Library, Ulrich's International Periodical Directory/Summon by Serial Solutions.

The Journal and the Editorial Board are not responsible for the opinions expressed by the Authors of all materials published, nor do these represent the Official Policy or medical opinion of the Journal or the institutions with which they are affiliated unless otherwise stated.

Open Access Policy

This journal provides immediate open access to its content. Our publisher, the University Library System at the University of Pittsburgh, abides by the Budapest Open Access Initiative definition of Open Access to open access to peer-reviewed research literature as "(...) free availability on the public internet, permitting any users to read, download, copy, distribute, print, search, or link to the full texts of these articles, crawl them for indexing, pass them as data to software, or use them for any other lawful purpose, without financial, legal, or technical barriers other than those inseparable from gaining access to the internet itself. The only constraint on reproduction and distribution, and the only role for copyright in this domain, should be to give authors control over the integrity of their work and the right to be properly acknowledged and cited."

Furthermore, we encourage authors to post their pre-publication manuscript in institutional repositories or on their websites prior to and during the submission process, and to post the Publisher's final formatted PDF version after publication. These practices benefit authors with productive exchanges as well as earlier and greater citation of published work.

There are no article processing charges, submissions fees, or any other costs required of authors to submit, review or publish articles in the IJMS.

Peer Review Process

All papers submitted to the International Journal of Medical Students will undergo a two steps peer-reviewers process. The first step of revisions is carried by two anonymous Student Editors who will work together with one Associate Editor. In the second step, the manuscript will be reviewed by two anonymous reviewers (Editorial Board members, Associate Editors and/or invited reviewers with expertise in the subject matter). Authors will remain anonymous to all the referees.

The typical time taken to conduct the reviews is one to two months. More information can be found at www.ijms.info

Reviewers and editors are obliged to retain the contents as privileged and confidential until publication. The Editor in Chief and the Editorial Board will have final authority over an article's suitability for publication.

Archiving

This journal utilizes the LOCKSS system to create a distributed archiving system among participating libraries and permits those libraries to create permanent archives of the journal for purposes of preservation and restoration.

License



New articles in this journal are licensed under a Creative Commons Attribution 4.0 International License.

Editorial Office:

1400 Locust Street Suite 3103 Pittsburgh, PA 15219. United States of America (USA)

Tel.: 413-232-7884 Fax: 412-232-8966

All full-text articles are available at: www.ijms.info e-ISSN 2076-6327 (Online)

The International Journal of Medical Students is licensed under a Creative Commons Attribution 4.0 International License. Issued in Pittsburgh, PA, USA.

International Journal of Medical Students

Year 2021 • Months Oct-Dec • Volume 9 • Issue 4
Int J Med Students. 2021 Oct-Dec;9(4)

Table of Contents

Table of Contents	Pag
Editorial	
Is It Worth Publishing in a Medical Students' Journal? Insights From a 10-Year Journey Francisco J. Bonilla-Escobar, Ciara Egan, Mihnea-Alexandru Găman.	252
COP26 and Health: Some Progress, But Too Slow and Not Enough. The Health Community Must Step Up Its Efforts to Hold Countries Accountable for Reducing Greenhouse Emissions and Promoting Adaptation Laurie Laybourn-Langton, Richard Smith.	255
Original Article	
Knowledge, Attitude, and Practices Towards Preventive Strategies Against COVID-19 Pandemic Among Nigerian Young Adults: A Cross-Sectional Survey	257
Olubunmi Odeyemi, James Eyitayo, Oloruntoba Ogunfolaji, Shekinah Williams, Michael Akande, Onaopemipo Akinola.	
Impact of COVID-19 Lockdown on Depression Severity and the Use of Drugs Among University of Ibadan Students	264
Abdulhammed Opeyemi Babatunde, Dimeji AbdulSobur Olawuyi, Habib Ayomide Shobanke, Adeniyi Abraham Adesola, Christabel Ijeoma Uche-Orji, Boluwatife Adefunke Bolatito, Yeshua Ayokun Adedeji, AbdulSobur Olatunde Abdulazeez, Lordstrong Akano Olaniyi, Dolapo Michael Babalola.	
Prevalence of Psychological Distress Among Quarantined People in the Trivandrum District During the COVID-19 Pandemic: A Cross-sectional Study Sneha S. Prakash, Sneha Sabu, Jayaprakash Raghavan, Chintha Sujatha.	269
The Pandemic Leadership Model: A Study of Medical Student Values During COVID-19	274
Alec Bernard, Sarah C. Ortiz, Elizabeth Jones, Michael Heung, Timothy C. Guetterman, Nell Kirst.	274
Social Determinants of Health Amplify the Association Between Ethnicity and COVID19: A Retrospective-Cohort study	282
Nicholas Verdini, Jessica LeClair, Elizabeth Quinn, Amer El-Haddad.	
Pandemic-Related Experiences and Psychosocial Risk Associations Among U.S. Medical Students Nathaniel A. Jenkins, Damion J. Grasso.	288
Pocket Size Ultra-Sound versus Cardiac Auscultation in Diagnosing Cardiac Valve Pathologies: A Prospective Cohort	294
Lior Zeller, Lior Fuchs, Tomer Maman, Tali Shafat, Yaniv Faingelernt, Leonid Barski, Noah Liel-Cohen, Sergio L. Kobal.	

International Journal of Medical Students

Year 2021 • Months Oct-Dec • Volume 9 • Issue 4 Int J Med Students. 2021 Oct-Dec;9(4)

Short Communication Med Moth: A Storytelling Platform for Improving Wellness in Medical Education 300 Michelle Silver, Sarah Ohnigian, Hugh Silk, Michael Ennis, Judith Savageau. **Case Report** Rectovaginal Fistula Due to an Erosive Pessary: A Case Report 304 Waleed Inayat Mohamed, Dorea Emmanuel, Shahzaib Maqbool, Ali Asad, Asad Jawad, Arham Ihtesham. **Experience** Raising Gender Equity Voices: Reflections from an International Virtual Assembly in Global Surgery 307 Letícia Nunes Campos, Natalie Pawlak, Lotta Velin, Nensi Melissa Ruzgar, Ayla Gerk, Kevouy Reid, Habab Ali Iraqi, Zineb Bentounsi, Michalina Drejza, Dhrumil Patil, Nour Nassour, Heaven Yeshaneh Tatere, Mehr Muhammad Adeel Riaz, Tanya L. Zakrison. Gender Bias and Stereotypes in Medicine: A Medical Student Experience 310 Sofia Jezzini-Martinez, Daniela C. Gonzalez-Cruz. A Medical Student's Volunteering Experience During the Second Nagorno-Karabakh War 312 Arturan Ibrahimli. Health Education among Medical Students: A Challenge Worth Accepting 314 Nikolaos Plastaras, Angeliki Baimaki, Sotirios Karagiannidis, Aikaterini Giannaki, Nikolaos Vlachopoulos, Emmanouil Smyrnakis.