# The Allele Distribution for the rs7250346 SNP in SLC5A5 among Saudis

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## Abstract

**Background:** The sodium/iodide cotransporter solute carrier family 5 member 5 (SLC5A5) is found in the basolateral cell membrane of thyroid follicular epithelial cells as a sodium iodide symporter. It helps in the secretion of triiodothyronine (T3) and tetraiodothyronine (T4). Polymorphisms in SLC5A5 result in hypothyroidism. The aim of the study is to estimate the frequency of rs7250346, a single nucleotide polymorphism (SNP) associated with thyroid disease, in a Saudi population and to compare it to other populations. **Methods:** Two hundred and forty Saudi patients from King Faisal Specialist Hospital and Research Centre provided samples for the genetic analysis. Samples were genotyped for target SNPs by real time polymerase chain reaction (PCR), and the resultant rs7250346 frequency in the Saudi population was compared to other populations using HapMap. **Results:** Out of the 240 Saudi samples, 64% had C genotype and 35% had G genotype in the rs7250346. **Conclusion:** The Saudi frequency of the rs7250346 SNP of SLC5A5 differs from that of European, Chinese, Japanese, or Sub-Saharan populations in HapMap (http://hapmap.org).

Keywords: SLC5A5 protein, human; Hypothyroidism; Polymorphism, Genetic (Source: MeSH-NLM).

## Introduction

About the Author: Abdullah Talat Eissa is a final-year medical student at King Saud bin Abdulaziz University for Health Sciences, Riyadh, Saudi Arabia. He is also a pharmacist who graduated from King Saud University in 2010. The nature of many diseases and their occurrence vary from one population to another according to their genetic backgrounds. These genetic variations are influenced by mutations, natural selections, migrations and genetic drifts.1 When the genomic sequence is altered in less than 1% of population, compared to the referenced sequence, the mutation will occur. However, if the alteration on a specific genome is present in  $\geq$ 1% of population, the polymorphism becomes the source of this variation. Moreover, the most common genetic variation in humans is caused by single nucleotide modification. The Single Nucleotide Polymorphism (SNP) presents if  $\geq 1\%$  of population possess a change in a nucleotide.<sup>2</sup> Determining the SNP is useful to explain the susceptibility of an individual to disorders, vaccines and medications. Some genetic diseases follow simple patterns of transmissions (simple Mendelian diseases), which are caused by a single SNP. Nonetheless, for complex genetic diseases, other factors in addition to SNPs play roles to manifest diseases such as the environmental factor.<sup>3</sup>

The SLC5A5 gene encodes the sodium iodide symporter. It is located at 19p13.11. The sodium-iodide symporter (NIS) is an integral membrane glycoprotein with 634 amino acids and molecular weight of 69K Da, it consists of 15 exons spanning 23202bp and 13 transmembrane domains and an extracellular N-terminal. SLC5A5 is found in the basolateral cell membrane of thyroid follicular epithelial cells.<sup>4</sup> In 1996, it was sequenced from rats followed by human thyroid,<sup>5</sup> while the description of exon-intron organization occurred in 1997.<sup>6</sup>

Triiodothyronine (T3) and tetraiodothyronine (T4) are thyroid hormones which are synthesized when SLC5A5 concentrates

F in the thyroid.<sup>7</sup> The iodine can be taken with a trace amount from food supplement. It can be used for the diagnostic scintigraphic imaging or as radio iodide therapy when SLC5A5 accumulate iodide in the thyroid gland.<sup>8</sup> NIS is organified into the thyroid hormone precursor thyroglobulin by thyroid peroxidase in the presence of hydrogen peroxide ( $H_2O_2$ ). It's regulated by thyroid stimulating hormone (TSH) under control of the hypothalamic-pituitary axis.<sup>9</sup>

Polymorphisms in SLC5A5 have also been related to a congenital iodide transport defect (ITD), which can cause hypothyroidism.<sup>10</sup> The c.1060A<sub>2</sub>C variant associated with congenital hypothyroid goiter leads to failure of iodide transport.<sup>11,12</sup> Homozygosity for the same variant in nucleotide 1060 (euthyroid goiter) will lead to a defect in iodide transport.<sup>13,14</sup> The c.1146C>G variant (hypothyroid goiter) will lead to NIS without detectable bioactivity and low expression,15 and the c.1629GA variant (congenital hypothyroid goiter) will give minimal iodide uptake.<sup>16</sup> A 6192bp deletion in exon 3-7 (congenital hypothyroid goiter) will result in total failure of iodide transport.<sup>17</sup> This SNP of SLC5A5 was studied because it has previously been shown to have a significant association with thyroid diseases.<sup>18</sup> In addition, it is an intron that is identified as rs7250346, and located on chromosome 19:17893553, the polymorphism is a C/G transversion substitution. Given that there are higher incidences of thyroid diseases in the Saudi population, 19,20 it is plausible that some of this difference may stem from genetic polymorphisms. The different distribution of the genotypes may give some explanations of the incidence of thyroid related diseases in this population. The aim of this study is to measure the frequency of the rs7250346 SNP in SLC5A5 in the Saudi population and compare it with other populations.

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# **Methods**

## **Study Population**

A cohort of 240 healthy Saudi individuals from the outpatient clinics, who came for routine check-ups or following mild conditions that are not interfere with the purpose of the study such as controlled diabetes mellitus, at King Faisal Specialist Hospital and Research Centre was admitted to the study. Individuals who had normal blood, biochemistry, hormones (including TSH) and coagulation laboratory results were recruited. Patients who had liver impairment, renal insufficiency, mental instability or who were on multiple medications were excluded.

## **DNA** Isolation

Five milliliters of blood was sampled from each participant after obtaining their written consent. DNA was isolated using the Puregene DNA isolation kit according to manufacturer's protocol (Qiagen Sciences, Maryland, USA). Briefly, erythrocytes were lysed in RBC lysis buffer, and the proteins were removed by precipitation in TCA buffer. The DNA was subsequently isolated by precipitation in alcohol, quantified and stored at -80°C if not required immediately.

## Real-Time PCR Genotyping

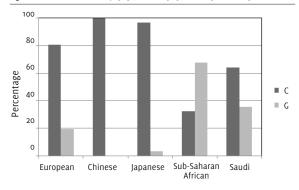
Samples were genotyped for target SNPs by real time PCR using the 7900HT Sequence Detection System (ABI, Foster City, CA, USA). Primers and TaqMan probes were designed using the Primer Express software V2.0 (ABI, Foster City, CA, USA) and obtained from Applied Biosystems (Warrington, UK). The fluorogenic probes, bearing a suitable reporter dye on the 5' – end and a quencher dye on the 3' –end, hybridize to the specific sequence to be amplified by the PCR primers. The quencher prevents fluorescent emission from the reporter dye when the probe is intact. When the probe is cleaved by the polymerase exonuclease activity in the extension phase of PCR, there is increased fluorescent emission from the reporter which is no longer in close proximity to the quencher.

One probe, for allele 1, is labeled with VIC dye and the other, for allele 2, with FAM dye at the 5' -end. Serial dilutions of the probes were run to determine the optimal working concentration. For each well of a 96-well reaction plate a 25 µl reaction was prepared by mixing 5 µl containing 50ng DNA, 12.5 µl of 2x universal mix (Eurogentec, liege Science Park, 4102 Seraing, Belgium), 1.25 µl of 20x probe Assay mix and 6.25 µl of 1x Tris EDTA buffer. Three no-template controls were included for each plate. The thermal profile for amplification was a 1st cycle at 50°C for 2 minutes, and 95°C for 10 min, followed by 40 cycles of 94°C for 15sec, and 60°C for 30 sec. The plate wells were scanned for fluorescence resonance energy transfer (FRET) signal in the 7900HT sequence detection system, and the data analyzed using SDS 2.0 software (ABI, Foster City, CA, USA). Excel program was used to analyze the data. The Saudi genotypes of rs7250346 SNP in SLC5A5 were compared with other populations, particularly, Sub-Saharan Africans, Chinese, Japanese and Europeans, which are included in the HapMap project. This project studied 11 populations in three phases. The three collections consist of 1,301 samples in addition to the original 270 samples used in the first two phases. Furthermore, this resource was aimed to identify the common patterns of human DNA sequence variation. According to the HapMap samples, all participants provided informed consents.

# Results

In this study, the total population included 240 patients from the outpatient clinics at King Faisal Specialist Hospital and Research Centre, comprised of 146 (61%) females and 94 (39%) males. The mean age of the subjects was 44+/-15 years. Two alleles were examined for each subject to create a total of 480 alleles samples. Out of 480 Saudi alleles, 308 (64%) had a C genotype for the rs7250346 SNP in SLC5A5 and 164 (35.4%) had a G genotype (*Figure* 1).

Figure 1. Prevalence of rs7250346 of SLC5A5 Gene by Ethnicity.



## Discussion

The goal of the study was to determine the differences between Saudi and other populations for the rs7250346 SNP in SLC5A5. However, a possible limitation of this study is that NIS was the only SNP analyzed in this population. It is an intron that can lead to interesting molecular biology discussion because it varies between different geographical populations and it is associated with different conditions. This SNP is associated with the thyroid gland, and some variants are linked to functional abnormalities. Some studies suggested that certain polymorphisms might lead to hypothyroidism.<sup>16</sup> Nevertheless, studies on NIS are scarce and there is insufficient data to link a variant of this gene to diseases in certain populations.

In the Saudi population, the incidence of thyroid cancer increased dramatically between 2000 and 2010 where it was responsible for 9% of all malignancies in one Saudi hospital, compared to 2.9% in U.S. In addition, in King Faisal Specialist Hospital & Research Centre, it became the second most common cancer among females.<sup>19,20</sup> For that reason, this study sought to investigate how the Saudi SLC5A5 differs from other populations, which may help researchers understand if this SNP has a role in the high incidence of other thyroid disorders, including thyroid cancer, in this population.

This study demonstrated that there is a marked difference between the Saudi allele frequency and other populations for SNP rs7250346. *Figure 1* shows the genotype in Saudi population (C=64% and G=35.4%), Also it represents the same gene in HapMap (<u>http://hapmap.org</u>) with other different populations, namely, European, Japanese, Chinese and Sub-Saharan African, which are not similar to the Saudi population gene. In the Chinese population, 100% possessed the C genotype while it occurred in 97% of the Japanese population. The G genotype occurred in 20% Europeans and C genotype in 80%. The distribution of the genotypes in Sub-Saharan African is C=32.5% and IJMS

G=67.5%. The variations in the prevalence of thyroid abnormalities and how they are associated with genetic polymorphisms can be observed if congenital hypothyroidism is taken as an example, where it is correlated with the hereditary in 15% of the cases. Importantly, it was found that defects in NIS, which includes thyroid hormone transport abnormalities, was considered as one of the causes of this illness.<sup>21</sup>

According to a Chinese screening study, the prevalence of congenital hypothyroidism is increasing, where 6,505 of neonates were diagnosed as congenital hypothyroidism out of 13,229,242 Chinese newborns from 1985 to 2006.<sup>22</sup> Also, a New York screening program from 2000 to 2003 published that congenital hypothyroidism differed among four ethnicities, and it showed that Caucasian and Black infants had lower incidence of congenital hypothyroidism when compared to Hispanic and Asian populations. Congenital hypothyroidism was diagnosed in 1/1815 births among Caucasian infants, 1/1902 of Black infants, 1/1559 of Hispanic infants and 1/1016 of Asians infants.  $^{\rm 23}$ 

Unfortunately, there are not enough studies to determine an ethnic pattern for SLC5A5 in the Saudi population. Further studies are warranted to discover the gene differences between populations. Furthermore, research into the genetic composition of the Saudi population is needed to provide an appropriate estimation of gene patterns. Studying this SNP may have some implications for future research, clinical practice and public health policy. Saudi SLC5A5 may allow researchers to investigate its association with hypothyroidism, which may prevent unnecessary prescription of Thyroxin to treat an idiopathic condition, or even prevent it in the first place. Moreover, finding how Saudi genotypes differ from other ethnic groups may provide some clues about why thyroid abnormalities are widely diagnosed in the Arabia Peninsula.

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## **Author Contributions**

Conception and design the work/idea, Collect data/obtaining results, Analysis and interpretation of data, Write the manuscript, Critical revision of the manuscript, Approval of the final version: ATE.

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