

Penile Cancer in Cali, Colombia: 10 Years of Casuistry in a Tertiary Referral Center of a Middle-Income Country

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Abstract

Background: Penile cancer is a rare disease in Colombia; in Cali, it represents 0.7% of all cancers. Penile cancer has been associated with old age, bad hygiene, smoking and lack of circumcision. This study aimed to describe the sociodemographic and clinical characteristics of patients with penile cancer who consulted to a tertiary referral hospital. **Methods:** A case series of all penile cancer cases at a reference institution in Cali during 2001-2010. Socioeconomic, demographic and clinical features of patients were described, and bivariate analyses were carried out. **Results:** There were 46 penile cancer cases. The average age was 60 ± 16.9 years. The main reason for consultation was an exophytic mass on the penis (75.0%). The most common location was the glans (69.6%), and the more frequent histology type was the squamous cell carcinoma (95.7%). With regard to risk factors, 65.5% of the patients had history of smoking and 90.9% did not have circumcision. Patients who underwent radical amputation had higher rates of positive nodes (55% vs. 13.5%, $p=0.015$) and ulcerative lesions (77.8% vs. 29.7%, $p=0.018$) than those who did not have the procedure done. Recurrence was associated with the presence of lymphadenopathy ($p=0.02$) and history of circumcision ($p=0.015$). **Conclusion:** Most of the patients with penile cancer found in this study had old age, history of tobacco use and lack of circumcision. Patients who presented with lymph node metastasis had to undergo more radical procedures and suffered a greater rate of recurrence compared with those without lymph node involvement. Robust studies to determine the risk factors among low-income populations are required.

Keywords: Penile Neoplasms; Circumcision, Male; Smoking; Developing Countries (Source: MeSH-NLM).

Introduction

Penile cancer is a rare malignancy worldwide, accounting for less than 0.5% of all cancers diagnosed in men.¹ It is less common in high-income countries like Europe and the United States, where it accounts for 0.4%-0.6% of all malignancies, with an age-adjusted incidence of 0.3 to 1 in 100,000 men.^{2,3} In low- and middle-income countries such as African and South American countries, it represents about 10% of all malignancies, with an annual age-adjusted rate between 2.3 to 8.3 per 100,000 men and Brazil being the country with the highest incidence in the world.^{4,5}

Penile cancer usually affects men over 50 years, but up to 19% of the cases occur in men under 40 years and 7% in men younger than 30 years.⁵ In 95% of the cases, penile cancer originates from the squamous cell tissue located in the inner layer of the glans (80%) or foreskin (15%).⁶⁻¹¹ Risk factors that have been associated with penile cancer include poor hygiene, phimosis, dermatitis, traumatic injury of the penis, infection with the Human Papilloma Virus (HPV) and smoking.¹²⁻¹⁴ Early circumcision acts as a protective factor since it prevents phimosis.^{15,16}

In 2003, Ramírez and Bermúdez-Pupo published a study describing the population with penile cancer in a referral hospital in Cali, Colombia between 1990 and 2000, in which they found a total of 59 cases of penile cancer, with a mean age of 52 years, 87% of patients had a history of smoking, 10% had HPV

infection and 80% had no circumcision.¹⁷ According to later data from the Population-based Cancer Registry of Cali (RPCC), 63 cases of penile carcinoma were reported during the 2004-2008 period. This type of carcinoma accounted for 0.7% of all diagnosed cancers, and the age-adjusted incidence was 1.3 per 100,000 person-year (Available from: <http://rpcc.univalle.edu.co/in/>, updated 2008; cited 2013 Jun 1).

Although penile cancer is a rare disease in Cali, it can yield terrible consequences on the social and emotional life of patients living with it. The cancer usually afflicts men of low socioeconomic status, and the diagnosis is frequently made in advanced stages of the disease when treatment options are drastic. It is therefore necessary to know the changes in these sociodemographic factors and the clinical features associated with the onset and the prognosis of penile cancer in this population in order to identify research areas and potential prevention strategies. The objective of this study is to describe the sociodemographic and clinical characteristics of patients with penile cancer who consulted to a tertiary referral hospital in Cali, Colombia during 2001-2010.

Methods

This is a case series study of patients admitted to a public reference institution in Cali with histopathological diagnosis of penile cancer made between January of 2001 and December of 2010. The institution where the study was carried out admits

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patients from the entire southwestern region of Colombia and is one of the most important public institutions in the country. The clinical records of patients registered with the diagnosis of penile cancer were reviewed. For cancer staging, the international TNM classification was used.

The data collection consisted of three parts: sociodemographic characteristics, patient's clinical features and the tumor's characteristics. The database was created in Microsoft Access 2010® program, and an exploratory analysis was performed to look for extreme and missing values, and typing errors.

Some variables were recategorized. Residency was further divided into three groups: Cali, other municipalities of Valle del Cauca and other departments of Colombia. Marital status was divided into two groups: with partner and without partner; occupational status into five groups: unemployed, farmer, various trades, street seller and others; and associated symptoms into six groups: none, urinary, pain, hydrocele, secretion and constitutional.

Univariate and bivariate analyses were performed. Description of the variables was presented using measures of central tendency and dispersion (average and standard deviation [SD]) for quantitative variables and frequencies and percentages for categorical variables. Then, application of hypothesis testing was carried out according to the nature of the variables. For quantitative variables, Student t test was used given the number of groups, the normal distribution and equal variances of the variables analyzed. For categorical variables, Fisher's exact test was used. All analyses were performed with a significance level of 0.05 with Stata13® (StataCorp, TX, USA).

This study is adherent to the Strengthening the Reporting of Observational studies in Epidemiology (STROBE) Statement.¹⁸ Additionally, it has the approval of the Institutional Review Board of Universidad del Valle.

Results

Description of the Study Population

The initial database consisted of 71 clinical histories, of which 25 had to be excluded: 10 had a diagnosis other than penile cancer, 4 were not found in the files, 3 had no confirmed diagnosis, 1 due to illegible handwriting and 7 with a diagnosis date before January 2001. After the exclusions, a total of 46 medical records were analyzed.

The age range was between 29 and 103 years, with a mean age of 60 ± 16.9 years. Two patients (4.3%) were younger than 40 years, and eight patients (17.4%) died during the study period.

Most of the patients (54.3%) had their educational attainment recorded in their medical record. Of these, 60.0% completed basic primary education and one patient (4.0%) had a post-graduate degree. For insurance status, 87.0% of the patients were under the state-subsidized regime, 6.5% did not have any insurance and 4.4% were in the contributory regime.

Most of the patients (78.3%) were from Cali or other municipalities of Valle del Cauca, and the remaining 21.7% were from other departments in the southwest region of Colombia.

In terms of occupation, 37.0% of the patients were farmers and 19.6% were unemployed at the time of the study. Within the group of patients who had an occupation, 59% did their work outdoors in the fields of agriculture, street vending, construction, etc. Finally, for marital status, 54.5% of the patients had a stable partner and 45.5% had no partner.

Clinical Features

The most frequent cause of consultation among patients studied was the appearance of a mass on the patient's penis (60.9%), followed by the appearance of an ulcer (39.1%). More than two thirds (78.3%) of the patients did not report the presence of adenopathy during the first visit, and 6.5% consulted due to phimosis.

For the physical examination item, 75.0% of the patients had an exophytic mass and 25.0% an ulcer. For tumor localization, 69.6% had the glans involved, 41.3% the penile shaft, 39% the foreskin and 21.7% the coronal sulcus. Involvement of more than one region of the penis was reported in 27.5% of the patients.

Almost half of the patients (45.7%) reported consultation to a general physician or specialist before the diagnosis of penile cancer was made, and 78.6% reported an evolution time between 2 and 24 months. More than half of the patients (58.7%) did not have any additional symptom associated with the cause of consultation. Among those who consulted with additional symptom(s), 17.4% reported urinary symptoms and 13.0% bloody or purulent discharge from the penis.

History of smoking was found in 65.5% of the patients, and 90.9% of the patients had no history of circumcision at the time of their first consultation. The recurrence rate among patients who had had circumcision (2 patients) was 100%, in contrast to the uncircumcised group of patients (27 patients) whose recurrence rate was 8% ($p=0.015$).

History of sexually transmitted diseases (STDs) was denied by 86.7% of the patients; 6.5% of the patients reported a history of syphilis, 4.4% gonorrhea, and 2.2% had human immunodeficiency virus (HIV) infection. The patients with a history of STDs were younger compared with those without such history, with a mean age of 47.2 ± 5.38 years and 61.8 ± 17.26 years, respectively ($p=0.047$). Patients with a history of STD presented with an ulcerative lesion more frequently than patients with no history of STD (66.7% vs. 17.6%, respectively; $p=0.038$) (Table 1).

Tumor Features

Half of the cases had an advanced T2 or T3 clinical stage. In 37% of the cases, it was not possible to determine the node involvement (NX). Involvement of multiple superficial inguinal nodes (N2) was found in 21.7% of the patients; 19.6% were classified as N1 and 15.2% had no evidence of lymph node metastasis (No). Evidence of metastasis to distant organs was absent (Mo) or could not be determined (MX) in 84.8% of the patients. Patients with nodal involvement (N1-N3) presented metastasis more frequently than those with no evidence of nodal involvement (No, NX): 27% vs. 4%, respectively ($p=0.042$).

Regarding the tumor grade, 65.2% of the cases were well diffe-

Table 1. Relationship between Past Medical History and Sociodemographic and Clinical Characteristics of Patients with Penile Cancer Diagnosis in a Tertiary Referral Hospital in Cali, Colombia, 2001-2010.

Characteristic	Smoking				History of STDs				History of Circumcision			
	No	Yes	Total	p*	No	Yes	Total	p*	No	Yes	Total	p*
Education												
None	0	1	1	0.88	3	0	3	0.34	2	0	2	0.63
Basic primary school	5	7	12		11	4	15		11	1	12	
High school	0	2	2		5	1	6		3	1	4	
Postgraduate degree	0	1	1		1	0	1		1	0	1	
Marital status												
Stable partner	6	9	15	1.00	20	4	24	0.43	14	2	16	0.50
No partner	4	8	12		18	2	20		15	1	16	
Form of presentation												
Exophytic mass	9	13	22	0.26	28	2	30	0.04	21	2	23	0.11
Ulcer	0	4	4		6	4	10		7	1	8	
Tumor localization												
Foreskin	6	7	13	0.27	15	3	18	0.44	13	3	16	0.10
Glans	8	14	22	0.54	29	3	32	0.25	23	3	26	0.48
Coronal sulcus	8	2	10	0.01	9	1	10	0.61	7	1	8	0.58
Penile shaft	3	9	12	0.30	16	3	19	0.48	11	0	11	0.28
Histologic Grade												
High grade	0	1	1	0.83	1	0	1	0.83	19	3	22	0.66
Well differentiated	7	12	19		26	4	30		1	0	1	
Undifferentiated	0	1	1		2	0	2		1	0	1	
Moderately differentiated	2	5	7		9	21	11		8	0	8	
Treatment												
Partial amputation	6	12	4	0.57	25	3	28	0.44	20	2	22	0.72
Radical amputation	1	3	18	0.60	7	2	9	0.33	5	1	6	0.46

* Fisher exact test. STDs: sexually transmitted diseases.

rentiated and 23.9% were moderately differentiated. The predominant histological type was squamous cell carcinoma (95.7%); melanoma was found in one patient (2.2%) and leiomyosarcoma in another patient.

As for the treatment, 60.9% of the patients underwent partial amputation and 20.0% radical amputation. Of these patients, 65.2% also underwent lymph node dissection. Therapeutic alternatives received included chemotherapy (6.5%), radiotherapy (4.5%) and circumcision (10.9%).

None of the 39 patients without evidence of distant metastases and classified as M0/MX underwent pharmacological management, while 28.6% of the patients classified as M1 received such management ($p=0.002$) (Table 2). The patients who underwent radical amputation had positive nodes and ulcerative lesions at higher rates than those who did not undergo this procedure (positive nodes: 55.0% and 13.5%, respectively, $p=0.015$; ulcerative lesions: 77.8% and 29.7%, respectively, $p=0.018$).

Recurrence was found in 5.8% of the patients; of these, 33.2% involved the stump area. Recurrence was associated with the presence of lymphadenopathy ($p=0.02$) and history of circumcision ($p=0.015$).

Discussion

The present study allowed for a description of the sociodemographic and clinical characteristics of patients diagnosed with

penile cancer who consulted to a tertiary-level referral institution in Cali over a period of 10 years (2001-2010).

Sociodemographic Characteristics

It was found that the age groups most commonly affected by this type of cancer were men between 43 and 77 years, similar to results of previous studies that reported a higher incidence in men above 50 years old.^{5,19} Chaux et al. reported that up to 91% of patients with penile cancer have a low educational level.¹⁹ This finding is supported by the present study where most patients had completed only basic primary education.

Subscription to a subsidized health insurance regime in Colombia indicates a low-income status. Eight-seven percent of the studied patients belonged to this regime, which is consistent with the study by Hernandez et al. which found a 43% greater risk of penile cancer in countries where more than 20% of the population lives in poverty compared to countries with less than 10% living in poverty.²⁰ However, it is important to note that the institution where the study was carried out serves primarily the poor population, and this may lead to an overrepresentation of the poor population in the socioeconomic characteristics analysis.

There were no significant differences between the group with stable couples and the unmarried or widowed group, which differ from the scientific literature that suggests a lower frequen-

Table 2. Relationship between Clinical Variables and Outcomes in Patients with Penile Cancer Diagnosis in a Tertiary Referral Hospital in Cali, Colombia, 2001-2010.

Characteristic	Smoking			History of STDs			History of Circumcision		
	No	Yes	p	No	Yes	p	No	Yes	p
Past medical history									
Circumcision	3	0	0.74	2	1	0.46	0	2	0.02
Smoking	15	4	0.67	16	3	0.57	14	2	0.72
STDs	39	7	0.51	37	9	0.20	32	6	0.53
Form of presentation									
Exophytic mass	23	5	0.69	22	6	0.50	21	3	0.38
Ulcerative lesion	13	5	0.10	11	7	0.01	12	3	0.44
Treatment									
Pharmacological	0	2	0.02	2	0	0.64	1	0	0.84
Nodal involvement N1-N3	16	6	0.04	16	6	0.53	15	4	0.02

STDs: sexually transmitted diseases.

cy of penile cancer in unmarried men compared with married men (15% and 85%, respectively).¹⁷ The presence or absence of a steady partner as a risk factor is a subject of controversy. A possible association between cervical cancer and penile cancer has been proposed, since flat penile lesions have been found on 60% of the men who are partners of women with cervical intraepithelial neoplasia (CIN).²¹ Contrarily, when the presence of premalignant cervical lesions in female partners of men with penile cancer has been studied, the results have not shown a different risk in these women than in the general population.²²

Ramirez et al. found that the majority of patients with penile cancer were farmers (49.2%), similarly to what was found in this study with 37% of the patients being farmers.¹⁷ Scientific literature reports that farmers are at higher risk for some neoplasms, such as Hodgkin's lymphoma, multiple myeloma, leukemia, melanomas, and cancers of the lip, stomach, and prostate. However, the association between farmer-related occupation and the development of penile cancer has not yet been established. Literature states that chronic exposure to chemicals commonly encountered in agriculture may predispose farmers to different types of cancers.²³⁻²⁵

Past Medical and Social History

In the present study, only 6.5% of the patients had phimosis, contrary to higher frequencies between 25%-60% reported previously in patients with penile cancer.^{5,9} In a study by Madsen et al., phimosis was significantly associated with the risk of penile squamous cell carcinoma (odds ratio [OR] = 3.39).²⁶ In fact, circumcision, which eliminates the risk of phimosis, has been found to be a protective factor in the development of invasive penile cancer.^{12,16} In this study, there was possibly an underreporting of patients with phimosis due to incomplete data input of the physical examination findings in the patient records, similar to what occurred with schooling and other variables, so awareness in research for health personnel including medical students is required.

Most patients (90.9%) had never undergone circumcision at diagnosis, which supports the previously reported strong association between undergoing circumcision at birth or during childhood and the lower risk of penile cancer (OR = 0.41).^{10,16} Nevertheless, circumcision does not act as a protective factor in all cases, since it reduces the risk of cancer mainly in patients

who have a preexisting condition of phimosis.¹² It is proposed that phimosis triggers inflammatory processes and the development of chronic injuries by facilitating the chronic irritation of penis mucosa by the smegma components.^{12,13}

The present research found that the two patients with history of circumcision had a higher rate of recurrence ($p=0.015$). This could probably be explained by the fact that in our environment circumcision is usually performed under certain medical conditions (cancer precursor lesions, foreskin tightness, phimosis, or inflammation of the foreskin), which represent all important factors not only for the development but also for the severity of penile cancer.^{12,13,16}

History of STDs was reported by 13.3% of the studied patients, in contrast to previous findings where up to 76% of patients with penile cancer had a STD history.¹⁹ The prevalence of HPV infection in patients with penile cancer has been found to be between 15% and 71%, with most of them having the basaloid or warty specific histological subtypes and the HPV16 and HPV18 serotypes.^{12,28,29} However, in this study, no HPV infections were found, probably due to the lack of microbiological studies for HPV in the institution where the study was carried out. With regard to the finding of more frequent history of STDs in younger men, several factors may be involved, including a recall bias in older people and the absence of a clear diagnosis or empirical treatment of possible STDs in older patients.

This research showed that most patients with penile cancer (90.9%) have a smoking history. The use of tobacco in any form as a risk factor for penile carcinoma has been described in several studies.^{5,12,15,19} Chaux et al., found that 76% of patients with penile cancer in Paraguay reported past or present consumption of tobacco, mainly in the form of cigarettes, and 55% of them still held the habit during the time of the study.¹⁹ Smoking seems to have an important role in cases where cigarette smokers have been diagnosed with penile carcinoma, although it may be more important in the advanced stages of progression.¹²

Most patients (78.6%) reported an evolution time around 2 and 24 months, which is akin with previous reports that identified the delay in care as a very common feature in these patients, where between 25%-50% live with the injury for more than a year before being diagnosed.²⁷

Clinical Characteristics of Penile Cancer

It was found that 41.3% of patients had the penile shaft involved, differing with most of the scientific reports that identified the body of the penis as the least common site of cancer, accounting for less than 5% of the cases.^{8,26} This could be explained by the level of complexity of the study center and the low social and economic resources of the population, which may cause the patients to carry the disease to more advanced stages. In our study, 27.5% of patients presented with involvement of more than one region of the penis, similar to a previous study which reported that up to 50% of the cases affected more than one penile structure.¹⁹

The study conducted in the same institution as the present study in the previous decade (1990-2000) reported a frequency of 71.3% for stage T2 diagnosis.¹⁷ In the present research, 50% of the cases had a T2 or T3 stage diagnosis. Although this indicates that the majority of patients still present to physicians at an advanced clinical stage, it also shows a decrease of diagnoses at these stages and, possibly, a better care and disease management in the present time. Therefore, follow-up studies that analyze the incidence and presentation of penile cancer in the city are required to evaluate the disease progression and management of patients over the course of the disease.

A higher frequency of metastasis in patients with nodal involvement can be associated with the fact that penile cancer is a malignancy that progresses in a local-regional fashion, involving inguinal and pelvic lymph nodes before developing distant metastases.^{8,14}

In our study, patients with a history of STD presented with an ulcerative lesion more frequently than patients with no history of STD, and the association was statistically significant. However, an association between history of STDs and the type of penile cancer lesion has not been previously reported.

Treatment

The pharmacological management given in higher proportion to patients with metastases (28.6%) is consistent with previous reports that showed an increased survival rate in patients with advanced stages that receive chemotherapy.^{30,31} Of those patients who underwent radical amputation (20%) in our study, 55% also had lymph node dissection and 77% had an ulcerative type of cancer presentation. This can be correlated with the facts that more advanced stages of the disease present with a greater involvement of lymph nodes and that ulcerative lesions are usually more infiltrative and therefore require a more radical treatment.^{8,31}

Many of the results in this study are consistent with those described in the work of Ramirez et al., which was performed in the period 1990-2000 at the Hospital Universitario del Valle.¹⁷ Although the number of cases identified over the same study period (10 years) was lower in our study (46 vs. 59), in both studies the predominant histologic type was squamous cell type carcinoma (95.7% and 100%), history of smoking was found in most of the patients (65.5% and 87%) and lack of circumcision was associated with the development of penile carcinoma (90.9% and 80%).

One of the limitations of this study is that the study was conducted at a tertiary-level referral institution, which traditionally serves low-income population, so the results cannot be extrapolated to the rest of the Colombian population. However, the results reveal the most important features of these patients, which may facilitate their identification and subsequent management. In this sense, this study presents a description of the cases evaluated without giving the occurrence or incidence of the event in the city of Cali.

Additionally, the nature of the study and the limitations of a retrospective study based on medical records review have to be taken into account. These limitations are mainly due to the loss of data, lack of information on medical records and failure to investigate risk factors and variables of interest. Certain variables that could have increased the significance of the association hypothesis were not included. In the case of smoking, the starting age or the Index of Packs per Year (IPA) was not taken into account. Regarding the sociodemographic variables, addressing the patient's salary or socioeconomic status would be useful to establish a stronger association between poverty and penile cancer. Knowing the total number of sexual partners or the age of the first intercourse would provide information on further exposure to behaviors that increase the risk of STDs and therefore penile cancer. There was no information regarding the hygiene habits of the patient, which has been widely associated with the development of penile cancer.¹⁹

Most of the results found in this study agree with those previously reported in the scientific literature; however, many of the limitations encountered during this project were related to the poor handling of the medical records and with it the great amount of valuable data lost. Therefore, it is necessary to remind the medical staff responsible for filling out the medical records about the importance of recoding minimally necessary data, including sociodemographic characteristics. In this way, more robust studies and the establishment of significant risk factors can be made.

As a conclusion, most of the patients with penile cancer found at this referral center had old age, history of tobacco use and lack of circumcision. The patients who presented in more advanced stages of the disease with lymph node metastasis had to undergo more radical procedures and presented a greater rate of recurrence compared with those with no lymph node involvement. Further research to establish associated factors and test the proposed hypothesis resulted from this study are needed to enable a better understanding of penile cancer.

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Conception and design the work/idea: LMR, MMH, ALR, AJBP, FJBE. Collect data/obtaining results: LMR, MMH, ALR. Analysis and interpretation of data: LMR, MMH, ALR, FJBE. Write the manuscript: LMR, MMH, ALR, FJBE. Critical revision of the manuscript: LMR, MMH, ALR, AJBP, FJBE. Approval of the final version: LMR, MMH, ALR, AJBP, FJBE. Contribution of patients or study material: AJBP. Statistical advice: FJBE. Administrative or technical advice: AJBP, FJBE.

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